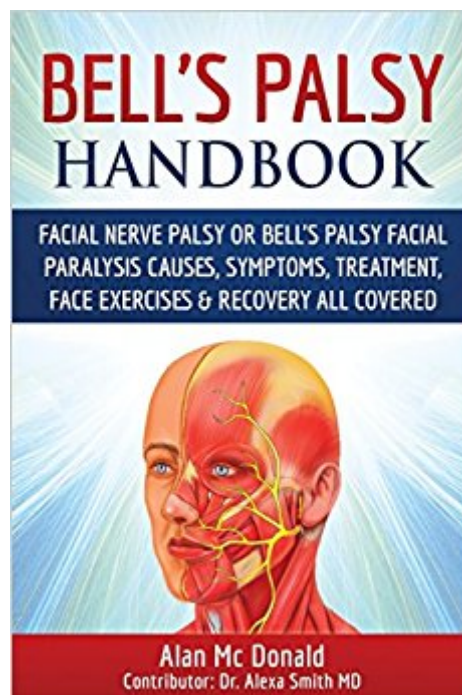




The book was found

Bell's Palsy Handbook: Facial Nerve Palsy Or Bell's Palsy Facial Paralysis Causes, Symptoms, Treatment, Face Exercises & Recovery All Covered



Synopsis

Bell's Palsy, which is the most common form of facial nerve palsy, can be a very terrifying condition for a person to have because any form of facial paralysis creates a life of traumatic experiences. It is very difficult for somebody who doesn't suffer with facial nerve palsy to understand how it affects your looks and everyday self-esteem and self-confidence. The majority of Bell's Palsy sufferers just want to lock themselves indoors because they feel totally uncomfortable when people see the side of their face all droopy and distorted. Bell's Palsy symptoms are easily recognisable by the muscles on one or both sides of your face being paralyzed. Bell's Palsy causes your speech to be slurred, it will also prevent you from smiling and in some instances can prevent you from eating. Your eyelids droop and as such you find it very difficult to blink your eyes. This explanation paints a very hideous picture for the onlooker but just imagine how the sufferer feels. It has a devastating effect on the person's self-esteem and self-confidence and unfortunately because of their condition there is no hiding place for someone suffering with facial nerve palsy. The author of this book has been a genuine sufferer of Bell's Palsy since birth and has suffered the constant stigma of all the childhood taunts and comments, inquisitive looks and stares that someone with facial nerve paralysis encounters every single day. He has written this book to let fellow facial palsy sufferers realize that there is hope for those who are searching for a cure to this disturbing affliction. His goal was to ensure that everything a Bell's Palsy sufferer needs could be found within the pages of his book. Certain viruses are thought to be the cause of Bell's Palsy but that is just one of numerous theories into what causes facial paralysis. But, there is no definitive answer as to what the real cause is. Your doctor will usually prescribe an anti-inflammatory medicine. Whereas this book goes a lot further in describing the non-surgical treatments available, such as cognitive behavior therapy (CBT), antiviral drugs, acupuncture, facial rehabilitation, B-vitamins therapy, speech therapy, and natural alternative treatments (i.e. methyl-sulphonyl-methane (MSM), histamine, adenosine triphosphate (ATP) and acetyl-L-carnitine) and much more.....The comprehensive research the author has undertaken caters for everything related to what causes Bell's Palsy. You can find specific information into how the condition affects children, pregnant women, whether to undergo surgical procedures to alleviate your condition, how you can help your own recovery, and not just on a temporary basis. If you are trying to find the best Bell's Palsy treatment resource then look no further than this publication because the comprehensive information provided in this book will help you to safely overcome the problems of facial paralysis. The Bell's Palsy exercises section provides you with a series of face exercises that will help your facial paralysis treatment program. These face exercises show you how to deal with facial nerve palsy safely and in the comfort of your own

home. This book is your one-stop guide to giving you all the information you need on Bell's Palsy. Are you ready to give yourself the best possible chance of a full recovery? If so, what are you waiting for? Scroll up, **CLICK THE BUY BUTTON** and get started **TODAY!**

Book Information

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Customer Reviews

An excellent comprehensive resource for Bell's Palsy sufferers and healthcare providers. Alan takes a sympathetic and reassuring approach to this condition. The information contained in the book empowered me to take charge! Of particular interest to me were the exercise and massage therapies. Thank you Alan for a great resource, just wish recovery were sooner!

I always thought that I would never find relief for bells palsy and continued to live in the shadows. This book has allowed me to break that barrier and live a normal life again by helping me understand and learn more about my condition. I recommend it to anyone who has the condition or knows someone who has it !

I recently got diagnosed with Bell's palsy so picked up a copy of this book on as soon as I seen it. The author takes a complex medical condition and breaks it down into layman's terms. It's well written, informative and easy to understand. I have been practicing the facial exercises daily for only 2 days and I CAN ALREADY SEE A BIG IMPROVEMENT in my condition. Needless to say, I am extremely happy with my purchase and I consider it money very well spent

Great informational book on Bells Palsy

This book has been very informative. I have had Bells palsy twice.

Great read and very informative book. Lots of practical information.

Love this book.

not sure this gave me any new information....but it is a good book for review. I have Bells now for 8 months, and am waiting another 5 months before I consider botox for synkinesisI have found a wonderful ENT who specializes in Bells...

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